

# Non-Gluten Menu

## Grazing & Sharing

**ROASTED & SALTED CASHEWS** ④ 466kcal

**NOCELLARA GREEN OLIVES** ④ 162kcal  
Maldon sea salt

**CARAMELISED CHILLI HONEY NUTS** ④ 670kcal  
Cashews, pecans, pistachios

**SPICED HUMMUS** ④ 287kcal  
Non-gluten bread, extra virgin olive oil, pomegranate seeds, coriander cress

**BAKED CAMEMBERT** ④ 951kcal  
Pistachios, apricots, chilli infused honey, extra virgin olive oil, non-gluten bread

## Small Plates 7.00

**CURRIED CAULIFLOWER WINGS** ④ 631kcal  
Madras batter, mango relish, chilli flakes, spring onion

**HALLOUMI FRIES** ④ 826kcal  
Tracklements chilli jam, garlic and parsley mayonnaise, pomegranate seeds

**TEMPURA PADRON PEPPERS** ④ 343kcal  
Maldon sea salt, smoky chipotle mayonnaise

**ROAST CHORIZO** 555kcal  
Red wine, chilli infused honey, non-gluten bread, coriander cress

**KING PRAWNS PIL PIL** 847kcal  
Chilli, garlic and parsley butter, non-gluten bread

**DRY CURED PORK COPPA** 702kcal  
Gran Moravia cheese, sunblushed tomatoes, rocket, extra virgin olive oil, non-gluten bread

**TORCHED ROSARY GOAT'S CHEESE** ④ 342kcal  
Non-gluten crouton, candied orange, pomegranate seeds, extra virgin olive oil, coriander cress

## Mains & Burgers

**KALE CAESAR** ④ 369kcal 10.95  
Baby spinach, sunblushed tomatoes, Gran Moravia cheese, soft-boiled free range egg

*add grilled halloumi 2.75 499kcal, chargrilled chicken 3.25 237kcal, grilled prawns 3.75 201kcal, salmon fillet 5.75 346kcal*

**GRILLED SALMON** 767kcal 15.25  
Fennel, cucumber and Jersey Royal salad, red chillies, grilled lemon, sour cream dressing, flat leaf parsley, mint, pomegranate seeds

**CHIMICHURRI SHREDDED CHICKEN RICE BOWL** 1013kcal 13.95  
Brown rice, kale, paprika chickpeas, baby spinach, fennel, flat leaf parsley, seeded avocado, pomegranate seeds, sour cream dressing, grilled lemon

**28 DAY AGED SIRLOIN STEAK** 1514kcal 17.95  
Chargrilled 8oz sirloin steak, triple-cooked chips, slow roasted beef tomato, flat mushroom, peppercorn sauce, dressed house salad

**WAGYU BURGER** 1398kcal 14.50  
Non-gluten seeded bun, beef tomato, gem lettuce, pickled gherkins, burger sauce, triple-cooked chips

*add Barber's vintage Cheddar 351kcal, Emmental cheese 73kcal, smoked streaky bacon 156kcal 1.50 each*

## Sandwiches

4.00 SERVED MON-SAT UNTIL 5PM

4.00 SERVED ON NON-GLUTEN BREAD WITH A MUG OF TRIPLE-COOKED CHIPS 580kcal OR A DRESSED HOUSE SALAD 128kcal  
*swap fries to sweet potato fries 649kcal 1.50*

4.25 **AHT SANDWICH** ④ 671kcal 8.50  
Avocado, halloumi, tomato, dill oil, Tracklements onion marmalade

4.50 **CBLT SANDWICH** 527kcal 8.50  
Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce, mayonnaise

12.50 **STEAK SANDWICH** 402kcal 8.95  
4oz sirloin steak, Tracklements onion marmalade, gem lettuce, horseradish

## Sides

**TRIPLE-COOKED CHIPS** ④ 580kcal 3.45

**SWEET POTATO FRIES** ④ 649kcal 3.95

**KIMCHI 'SLAW** ④ 15kcal 1.95

**HOUSE SALAD** ④ 128kcal 2.75  
Gem lettuce, baby spinach, diced cucumber and beef tomato, red onion, red peppers, grated carrot, lemon and extra virgin olive oil dressing

## Desserts 6.00

**WARM CHOCOLATE BROWNIE** ④ 829kcal  
Salted caramel, vanilla pod ice cream, chocolate sauce

**AFFOGATO** ④ 642kcal  
Vanilla pod ice cream, espresso, chocolate sauce

**CAMBRIDGE BURNT CREAM** ④ 550kcal  
Caramelised sugar, chilli infused honey roasted pecans

MINI DESSERT & COFFEE 4.75

Cambridge burnt cream ④ 274kcal, warm chocolate brownie ④ 310kcal, affogato ④ 220kcal

## Sunday Roasts

SERVED SUNDAYS ONLY - ALL FRESHLY PREPARED AND SERVED WITH ROAST POTATOES, SEASONAL VEGETABLES AND ROAST GRAVY

**TOPSIDE BEEF** 1105kcal 17.25

**HALF ROAST CHICKEN** 1058kcal 15.25

**SWEET POTATO & CHESTNUT** ④ 1192kcal 13.25

### SIDES

Cauliflower Cheese ④ 319kcal 2.75